

All of our services are available to children under 5.

They are **FREE** to attend although we welcome any voluntary contribution you would like to donate.

For group descriptions and information please speak to a member of staff or visit our website. Please check out our website which contains lots of information on child development, home safety, etc. at: www.surestartexeter.org.uk You may also find listings for local community parent/carer baby & toddler groups.



Like us on
Facebook

Like our Facebook page to receive:-

- Up to date information about the children's centres
- Details about new events
- Notifications of last minute group changes and cancellations (if necessary)

www.facebook.com/surestartexeter

Scan the QR code
to like our Facebook page



**Sure Start
Children's Centres**

Summer Term

18th April - 21st July 2017

Half term 29th May - 2nd June 2017

Whipton Children's Centre

Hill Lane, Whipton,
Exeter, EX1 3JP

Beacon Heath Children's Centre
c/o Whipton Children's Centre

Heavitree & Polsloe Children's Centre
c/o Whipton Children's Centre

**To contact any of the Children's Centres
please telephone or email:-**

01392 464754

exeterchildrenscentres@actionforchildren.org.uk



For up to date information check out our website

www.surestartexeter.org.uk



		Wipton Children's Centre	Beacon Heath Children's Centre
MONDAY	AM		<p>9.30-11.00 Stay & Play for parents/carers & their under 5's with Peer Support for breastfeeding mums and Child Health Clinic at The Beacon, Beacon Lane, Exeter, EX4 8LZ (last admission to clinic 10.45am)</p> <p>NEW Course Baby Massage Stage 1 course, 5 week programme, £15 charge to be paid in advance, for more details & to book a space please telephone Wipton Children's Centre 01392 464754</p>
	PM	<p>NEW Course 1.00-3.00 Living with Children BOOK IN ADVANCE Please speak to a member of staff for details or telephone Wipton Children's Centre 01392 464754</p> <p>Evening Antenatal Sessions by invitation from your midwife</p>	<p style="text-align: center;">Are you aware.....</p> <p style="text-align: center;">There are community groups happening in your area?</p> <p style="text-align: center;">Please see our community groups leaflet or view via our website</p> <p style="text-align: center;"><u>www.surestartexeter.org.uk</u></p>
TUESDAY	AM	<p>10.00-11.30 Baby Oasis Weekly drop-in support group for breastfeeding mums</p> <p>NEW Course 10.00-11.30 Here's Looking at You Baby, course for new parents & their babies BOOK IN ADVANCE Please speak to a member of staff for details or telephone 01392 464754</p> <p>10.00-12.00 Support2gether Monthly drop in group for children with additional needs 2/5 6/6 4/7</p>	
	PM	<p>NEW Course Baby Massage Stage 1 course, 5 week programme, £15 charge to be paid in advance, for more details & to book a space please telephone Wipton Children's Centre 01392 464754</p>	
WEDNESDAY	AM	<p>9.00-9.30 Credit Union</p> <p>9.30-11.00 Stepping Up A group for children with additional needs Please speak to a member of staff for more details</p>	
	PM	<p>1.30-3.00 Stay & Play for parents/carers & their under 5's with Peer Support for breastfeeding mums and Child Health Clinic (last admission to clinic 2.45pm)</p>	<p style="text-align: center;">Wednesdays at Exeter Central Library in Partnership with Central Children's Centre (ECI)</p> <p style="text-align: center;">10:15-10:45 Little Rhyme Time: Babies</p> <p style="text-align: center;">11:15-11:45 Little Rhyme Time: Toddlers</p> <p style="text-align: center;">Come along and share songs and rhymes with your child(ren)</p> <p style="text-align: center;">(TERM TIME ONLY)</p>
THURSDAY	AM		<p style="text-align: center;">Our Sensory Room is available for hire at</p> <p style="text-align: center;">Wipton Children's Centre</p> <p style="text-align: center;">See our website for more information</p> <p style="text-align: center;">Please contact the centre to book</p>
	PM	<p>Chatting Matters Weekly by invitation A group for children who have been through the Let's Talk More screening assessment. An opportunity to gain support & tips on how to support your child's language & communication skills</p>	
FRIDAY	AM	<p>NEW Course Baby Massage Stage 2 course, 5 week programme, there is a requirement that you have previously completed the stage 1 course through the children's centre. For more details & to book a space please telephone Lucienne - 07811 194576</p>	<p style="text-align: center;">All Children's Centre sessions are for under 5's</p>
	PM		